

# Aspire

Indiana Health

WHOLE HEALTH FOR THE WHOLE FAMILY



Aspire Indiana Health is a nonprofit fully integrated healthcare provider serving children and adults in Marion, Boone, Hamilton and Madison counties, where we are certified by the state of Indiana as a Community Mental Health Center (CMHC). School-Based Services are counseling services provided through a partnership with a local school system.

Our school-based teams of mental health experts treat children of all ages whose behavior and functioning has been impaired by a variety of challenges that can include ADHD, anxiety, adjustment to trauma and loss, behavioral problems, depression, substance use, thought disorders, and more.

School-Based Services may include one or more of the following:

- Individual Therapy
- Family Therapy
- Individual & Group Skills Training

- Case Coordination
- Psychological Assessment
- Medication Management

If needed, a student receiving counseling services in a school-based setting may be referred to other comprehensive healthcare services provided by Aspire such as primary medical care, addiction treatment, etc.

School-Based Services through Aspire are currently available at the following districts/schools:

## Hamilton County

- Carmel Clay School Corporation
- Hamilton Heights School Corporation
- Westfield Washington Schools
- Options Charter Schools

## Madison County

- Elwood Community Schools
- Frankton-Lapel Community Schools
- Anderson Preparatory Academy
- Liberty Christian Schools
- Madison Grant United School Corporation

## Marion County

- ACE Prep Academy
- Avondale Meadows YMCA Developmental Preschool
- Benjamin Harrison YMCA Developmental Preschool
- Ransburg YMCA Developmental Preschool
- Matchbook Learning
- Hope Academy

- Indiana School for the Blind and Visually Impaired

### Adult Learning

- Goodwill Excel Centers - all

### How to Get Help

School-Based Services may be initiated by a referral from the school or by the parent. If you are interested in services for your child, please contact Aspire's School-Based Services team at (317) 587-0568. You will need to provide your child's name, insurance information and other basic demographics.

Please identify the district and school your child attends. Once an account is created, a therapist will be notified and will then contact you to schedule an intake assessment. This initial appointment will be at the school and typically takes about two hours.

When you come for the intake assessment, you will need to bring your driver's license/photo ID and your child's insurance card. Only parents or legal guardians may consent to treatment. If you are not the child's biological parent, you will need to provide proof of legal guardianship.

If you are a school representative interested in a partnership with Aspire, please contact Amanda Votaw, Manager of School-Based Services for Aspire at: [amanda.votaw@aspireindiana.org](mailto:amanda.votaw@aspireindiana.org).

Aspire proudly accepts Medicaid and most traditional insurance. We also offer a sliding-fee scale for uninsured consumers.

**Appointments: (317) 587-0568**

**24/7 Crisis: (800) 560-4038**

**[www.AspireIndiana.org](http://www.AspireIndiana.org)**

